more info? Call: 571-258-3400

Senior Membership (Ages 55 & up)

Senior participants may purchase twelve-month memberships - \$30 - or attend on a drop-in basis - \$2. The cost of many activities is included in the membership or drop-in fee. Any additional fees are noted in the activity listing.

Special Events Despite the popularity of the musical Hamilton, the real story of Alexander Hamilton's contribution to build the United States is largely unknown. Journalist The Real Alexander Hamilton Nancy Spannaus will discuss her book Hamilton Versus Wall Street, in a Wed 1/8 10:30A-11:30A Presentation presentation at Carver, arguing that we need his American System principles today. Enjoy coffee, pastries and a chat with Purcellville EMTs! Learn what happens when Th 1/16 9:30A-10:30A Coffee with an EMT! Carver calls 9-1-1, and why. "Dr. Martin Luther King Jr.: A Historical Perspective". This documentary program focuses on the Civil Rights leader's many groundbreaking accomplishments. Martin Luther King Fri 1/17 1:00P-2:00P Footage covers Dr. King's war on poverty and his staunch opposition to the Vietnam Celebration War. Also included is his stirring "I Have a Dream" speech. Let's party! Wipe away those winter blues and make a summer dream come true! Fri 1/31 1:00P-2:30P Winter Beach Party! Enjoy the "Beach at Carver" event with games, dancing, and fun activities. Bring a 230608-01 towel! Show your loved ones how much you care by joining us for a fun Make-Your-Own W 2/1210:00A-12:00P Valentine's Day Card-Making! Valentine's cards! The Loudoun County Office of Elections is offering absentee ballot applications and sample ballots for the March 3rd Democratic Presidential Primary Th 2/13 Voter Registration 10:00A-11:30A Election. Registration deadline (if you are not already a VA registered voter) is February 10, 2020. LOVE to dance! Enjoy dancing at Carver's spacious Joseph and Lena Cook Grand Th 2/13Valentine's Day Dance Hall and share the LOVE at our annual Valentine's Day Dance. The Advisory 230609-01 1:00P-3:00P Board is covering the ticket cost! Thank you! Officers from Loudoun County Fire and Rescue offers a Jeopardy-style presentation Wed 2/19 Fire Safety Presentation 10:30A-11:30A on Fire Safety. What shall we do to observe an extra day in 2020! Well celebrate of course! Join us Leap Year Celebration! Fri 2/28 1:00P-2:30P for an exciting afternoon of fun and entertainment to really mark the occasion!

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Programs				
Mon-Fri	12:00P-12:30P	Congregate Lunch	Must sign up in person or call 571-258-3407 24 hours in advance.	Ages 60+ donation Ages 55-59 \$4
M,Tu,W,Th,F	9:00A-12:00P	Cards	Canasta. Beginners welcome!	
1st/3rd Mon	9:00A-12:00P	Services for Seniors	Confidential assistance linking seniors to services.	
Mon Tues/Weds Fri	9:00A-10:30A 9:00A-10:00A 11:30A-12:00P	Ping Pong	New players always welcome!	
Mon	10:00A-11:00A	Volleyball (Beachball)	Games not scoredall ability levels welcome.	
Mon Wed	10:30A-12:00P 10:00A-11:00A	Corn Hole	Enjoy this fun game inside!	
Mon	12:30P-1:00P	Slow, Slow Line Dance	For seniors who have difficulty dancing fast or complicated steps.	
Mon	12:45P-1:45P	Local Excursions	Visit unique locations in western Loudoun.	\$1 transportation.
Mon	1:00P-2:00P	Farkle	Chat and laugh over a fun dice game.	
Mon	1:00P-2:00P	Beginner Line Dance	Provides exercise and cameraderie.	
Mon Wed/Fri	1:00P-2:00P 10:30A-11:30A	Qigong	Mindful breathing and slow, standing movements.	
Mon	2 :00P-3:00P	Line Dance	Focusing on dancing to contemporary songs. \$2 drop in for non-members.	
Mon-Fri	1:00P-4:45P	Board Games	Scrabble, Rummikube, Dominoes.	
Tues	9:30A-10:30A	Tai Chi	Slow motion routines practiced in a group.	
Tues	9:30A-10:30A	Carver Music School	Learn basic music terms, scales and chordsand enjoy the health benefits of singing!	
Tues	10:30A-12:00P	Beginner Bridge	A gentle introduction to bridge basics.	

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			Programs	
3rd Tues	10:30A-12:00P	"Mane" Event	Share tips on how to tame your long hair.	
2nd Tues	10:45A-12:00P	Advisory Board	Monthly meetings which focus on fundraising/feedback.	
Tues/Thurs	11:00A-11:30A	Balance and Stability	Physical Therapist designed sequence of excercises.	
Tues	11:00A-12:00P	Tech Tuesdays	Individualized computer help from Loudoun County Library staff. 4th Tuesday will be "Resource Day" giving instruction on how to use certain Library apps.	
Tues	12:30P-2:00P	Creative Writing	For anyone interested in exploring the writing process.	
Tues	12:45P-2:15P	Intermediate Bridge	For those who know the basics.	
Tues Fri	12:45P-1:45P 10:45A-11:45A	Bingo	\$0.50 per card; various prizes.	
Tu Wed Th	2:00P-7:30P 2:30P-4:30P 2:00P-4:30P	Pickleball	Tennis-like game played with 2, 3 or 4 players.	\$2 drop in non-members
1st Tues	5:30P-7:30P	Monthly Movie!	Bring a snack and enjoy selected monthly movies.	
2nd/4th Tu	6:00P-7:45P	Social Dancing!	Basic Ballroom Dance instruction.	\$2 drop in non-members
1st Tues	6:15P-7:45P	Lyme Support Group	For anyone struggling with or caring for someone with Lyme Disease.	
4th Wed	9:30A-12:30P	Bowling	Payment of \$3.50 per person and \$4.25 for shoe rental is due at the Village Lanes Bowling Center on arrival. Lunch on your own at the alley.	\$2.00 transportation.
Wed 12/11-2/12	10:00A-11:30A	Decluttering For Seniors	Declutter your home and your life and make more room for the important things. No new sign-ups after week 1.	230603-01
Wed	10:30A-11:00A	Fitness Equipment 101	Learn how to use the fitness equipment safely.	
Wed	10:30A-11:30A	Sing Along with Wiley	Old-fashioned favorites in a relaxed setting.	
Wed 2/5	10:30A-11:30A	Hearing Help	Cleaning/testing/resources. Blue Ridge Speech and Hearing. Pre-register 571-258-3400.	
4th Weds (12/18/2019)	10:30A-12:00P	Book Club	Monthly book discussions. Books provided.	

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			Programs	
2nd Wed	11:30A-12:00P	Library Outreach Visit	Loudoun County Library brings books/videos/periodicals.	
2nd Wed	12:00P-12:30P	Monthly Birthdays	Sign up and celebrate with your Carver friends!	
2nd Wed	12:30P-3:15P	Leesburg Shopping	Bus to Leesburg to shop.	\$2 bus transportation
Wed	12:45P-2:00P	Grocery Shopping	Transportation to local grocery establishments. Skips the 2nd Wedensday.	\$1 bus transportation
Wed	1:00P-2:00P	Basic Ukulele	Come learn eight basic chords with two basic strum patterns. Some loaner ukes available.	
Wed	1:00P-2:00P	Intermediate Ukulele	Graduates from the Basic Ukulele class learn more advanced chords and songs.	
Wed 12/4 Wed 2/5	1:00P-2:00P	Afternoon Tea	Free registration begins 2 weeks before event.	230602-01 230602-02
Wed	1:00P-2:30P	Basic/Intermediate Line Dance	A step above Basic, not quite Intermediate, but still fun!	Starts January 8.
Thurs	9:30A-10:30A	Harmony Singing Group	Folk songs and rounds to piano accompaniment. All levels welcome!	
4th Th	10:00A-12:00P	Blood Pressure checks	Inova Loudoun Healthcareno appt. necessary. No drop in fee.	
Thurs	10:45A-11:45A	Bible Study	Non-denominational group.	
1st Thurs	11:00A-12:00P	Notary Public Services	Bring your documents for notarization from Purcellville Library staff.	
Thurs	12:45P-2:00P	Brain Games	Picture and word games in a group setting.	
Thurs	1:00P-5:00P	Bridge Group	Intermediate party bridge for experienced players.	
Thurs	1:00P-5:00P	Thursday Card Group	Canasta and Euchre.	
4th Th	3:00P-4:00P	Alzheimer's Support Group	Provides emotional, educational and social suppport for caregivers.	
1st Fri	11:15A-11:45A	Carver's Got Talent	Your chance to share your special talent by performing for your friends!	
1st Fri	12:00P-2:00P	Monthly Movie	Lunch & movie in Club Room. Order lunch by noon the day before.	Lunch - Ages 60+ donation Ages 55-59 \$4

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			Fee-Based Programs	
Mon 1/6-2/3	12:30P-2:30P	Studio Drawing Class	Work from clothed models and still life, using right-brain as well as more traditional approaches. Students are encouraged to purchase the 4th edition of Drawing on the Right Side of the Brain. Drawing materials and paper provided. Instructor: Alice Power.	230605-01 \$50/\$58
Mon 12/2-12/23	12:30P-2:00P	Sketching Holiday Gifts	Bring photos of your favorite animals, friends, or family to make sketches for note cards that can be duplicated for Holiday gifts. Instructor: Alice Power.	230607-01 \$35/\$43
Wed 1/15-2/5 Wed 2/19-3/11	12:30P-2:00P	Intermediate Watercolor	Instruction ends at 2:00P. Instructor: Alice Power	230606-01 \$40/\$48 230606-02 \$40/\$48
Fri 12/13-12/20	12:30P-2:30P	Watercolor Holiday Gifts	Paint Miniature Winter Scenes for small frames or make a watercolor lavender sachet for a stocking stuffer. Instructor: Alice Power.	230604-03 \$25/\$29
Fri 1/10-1/31 Fri 2/14-3/6	12:30P-2:30P	Basic Watercolor	All materials provided. Instruction ends at 2:00P. Instructor: Alice Power	230604-01 \$50/\$58 230604-02 \$50/\$58
Thurs 12/12 Fri 1/17 Fri 2/21	10:30A-2:00P 11:00A-2:00P 11:00A-2:00P	Carver Lunch Bunch	Gladchuk Brothers, Frederick, MD Anthony's, Purcellville Pine Grove, Blumont	230601-01 \$4 230601-03 \$1 230601-05 \$2
Fri 12/13 Fri 1/3 Fri 2/28	10:30A-12:00P	Acrylic Painting	Start and finish a beautiful acrylic on canvas painting to take home in one session. Everyone paints along with the instructor. Instructor: Leah Day.	230613-01 230613-02 230613-03
M/W 12/2-1/13 M/W 1/22-2/24	5:15P-6:00P	Body Sculpting	Using resistance bands, Pilates balls and weights. Bring a mat. Instructor: Jill Perla	230612-01 \$84 230612-02 \$75
Tu/Th/F 12/3-12/20 1/3-1/30 2/4-2/28	8:15A-8:45A	Core and More	A blend of upper and lower body exercises. Bring a mat. Instructor: Jill Perla	230611-01 \$60 230611-02 \$80 230611-03 \$80
Fri 4/10	9:00A-5:00P	AARP Driver Safety Course	This class is an easy, convenient way to refresh your driving skills. Check payment of \$15 AARP Members/\$20 Non-Members will be collected on arrival by instructor. Please make checks out to AARP.	230615-01
PRCS COUNTY OF LOUDOUN	Loudoun Count		and Community Services is committed to complying with the Americans with Disabilities Ac the request to the appropriate program area at least two weeks prior to the program meeting of	-

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